

Member Procedures for oxygen therapy and gym
new measures Covid19
commencing Thursday 3rd September

OXYGEN ONLY AVAILABLE ON: TUESDAY, THURSDAY, FRIDAY, 10.30am.

- Arrive at the centre and wait to be called in. If you are being dropped off you should ring the doorbell by the front door but DO NOT ENTER the building
- Confirm that you have no symptoms of Covid19
- You are required to wear a mask that you can either bring with you, or make a donation for at the centre. (Centre masks are CE Certified masks, Type IIR)
- Centre Manager will take your temperature before you enter the building
- Before entering the centre, use the automatic hand sanitiser by the door
- Bring your own water and container and take home to wash
- You can bring a carer to help you into the centre, if this is necessary, but request that they do not stay, but remain contactable.
- We will only be able to accommodate 3 people per oxygen session due to social distancing at sitting positions 1,3,5 or 2,4,6
- AS SOON AS ENTERING THE CHAMBER member should put on their mask. Breathing may require some effort before the tank is pressured. Masks MUST be kept on until the END of the session
- It is your responsibility to sanitise your OWN masks AT HOME using soap and water, remembering to bring to each session.
- After the session volunteers will sanitise the chamber using the wipes, this includes door handles, chair, chair arms etc.
- Oxygen pipes will be sterilised in Milton solution after every session.

Other useful notes relating to new procedures:

- MS Patients will get priority over appointments
- No socialising *AT ALL*, so no tea/coffee/biscuits (sorry 😞)
- Volunteers and Members need to sanitise the toilet after each use, using the sanitising spray in the toilet and paper towel, then dispose of in the bin (NOT DOWN THE TOILET)
- We are looking at going cashless and currently trying to sort this out
- There is a 5 litre hand sanitiser on the main table in the reception area
- The gym can also be used but must be booked. Equipment must be cleaned with the sanitiser provided. If you cannot do this please speak to the Manager who will do it.
- If you feel unwell you should *not come in* and if you feel unwell *within 2 weeks* of being at the centre you will need to tell us **promptly**

Tim is the senior oxygen operator. These procedures have been compiled with the Trustees and Senior Oxygen Operator